

This edition dated 2017-08-18: This replaces any previously-dated drafts.



## Sunday Hikes: Aug 20 – Dec 25, 2017

Note: **Please** consult with Drivers on **compensation** for carpooling  
All hikes start at 10:00 am unless noted **otherwise**.

Date (time)	Destination	Grade, Duration	Meeting Place	Contact
Aug 20	Granite lake OR...	4, 4 hrs	Burma/Alaska Pine "Y"	
Aug 27	Dodge to Squirrel Xing	3, 4 hrs	End of Haslam Lake Rd	Phil 604-483-1741
Sep 3	Blue Grouse ridge	4, 4 hrs	Saltery Bay SCT kiosk	Bruce 604-485-5211
Sep 10	BobsYrUncle to Rogers Roost	3, 4 hrs	End of Haslam Lake Rd	Ann 604-485-5564
Sep 17	Wilde-Atrevida loop	2, 3.5 hrs	Wilde Rd/101; carpool to start	Alex 604-485-4058
Sep 24	Appleton-Gibraltar		Wilde Rd/101; carpool to start	Richard 604-414-0744
Oct 1	East Troubridge	3, all day	Saltery Bay SCT kiosk Note 0900 start 4x4 wanted	Bruce 604-485-5211
Oct 8	Haywire Bay	3.5, 4 hrs	Mowat Bay	Alex 604-485-4058
Oct 15				
Oct 22	Thunder Ridge to Plummer Creek	3, 4 hrs	Malaspina Rd SCT Xing	Mardi 604-485-5842
Oct 29	Tees Kwat	3, 4 hrs	Wildwood bridge, N side	Charlotte 604-485-4259
Nov 5	Manzanita	3.5, 4 hrs	Malaspina Rd SCT Xing	Shirley 604-485-2388
Nov 12	Cochrane Bay	3.5, 4.5 hrs	Baggi Rd, Lund	Marg 604-485-7100
Nov 19	Thunder Ridge to Dinner Rock	3, 4 hrs	Malaspina Rd SCT Xing	Wayne 604-485-2046
Nov 26				
Dec 3				
Dec 10				
Dec 17				

Note **?????** Schedule to be revised as new information (and contacts) become known – see Links

Links: <http://tinyurl.com/pr-hike-2013> (Maps of where we've been before)

<http://tinyurl.com/pr-hike> (Last-minute updates)

NOTE: The 'Meetup' web pages are gone. Hikes are posted to the Facebook Group

<https://www.facebook.com/groups/The.Coastals.Hiking.and.Activities/>

Photos and maps can be POSTED to each EVENT in the Facebook Page for that EVENT

## IMPORTANT READING FOR ALL HIKERS

On day trips, bring adequate lunch, with a little extra for delays or emergencies. Wear strong sports clothing with solid vibram-soled boots. Please always have good rain gear and sweater with you, preferably in a plastic bag. On overnight trips you are responsible for your own tents, food and gear.

## SAFETY

We cover some fairly rough terrain, and some trips necessitate highway, boat or air travel. Hikers are requested to play it safe always, caring for each other, and respecting the responsibility assumed by the trip leader. We try our best for 100% safety on our trips; nevertheless, you attend strictly At Your Own Risk. Life jackets must be worn at all times when in your canoe on our trips, and we recommend they be worn on boat trips. Perfume or scented deodorant should not be worn as it attracts hornets. We request no dogs or small children on hikes for safety reasons. Please stay with your party, or let someone know where you are going if you deviate.

Hikers are encouraged to carry their own maps, safety matches, whistle and compasses, first-aid and emergency gear. They will thus upgrade their outdoor skills and develop into leaders.

When we get spread out on the trail, please assemble at regular intervals to make sure all hikers are accounted for and are okay. Avoid getting separated from your gear, and take your pack with you after lunch, even if we plan to come back the same way.

## NEVER BE A LITTER BUG!

Instead, please clean up the mess left by other people. We strive to set an example of the highest outdoor ethics. We particularly request that all garbage be packed out for disposal. And PLEASE do not scar the landscape with more fires than absolutely necessary. (Tidy up fire-pits you do make). Avoid burning what little wood there is in fragile alpine areas. Avoid damaging fragile wilderness.

## ENJOY YOURSELF HIKING CLIMBING AND CANOEING SAFELY!

### Powell River Hiking Trip Grading:

This grading must be considered as a general indication of the levels of fitness and experience, which are required on outings. An allowance must be made for poor weather and other unpredictable conditions in deciding to participate. Extra caution must be taken with the kayaking and canoeing trips, as the wind can come up suddenly and make things a lot more difficult.

### Hiking/Climbing Trip Grading

#1 ~ Easy Level Walk

#2~ MODERATE HIKE – STURDY FOOTWEAR RECOMMENDED

#3~ DIFFICULT ~ MUDDY~ENJOYABLE~BOOTS REQUIRED

#4~ MORE DIFFICULT – ELEVATION GAINS ~ BOOTS NECESSARY

#5~ FOR EXPERIENCED HIKERS ONLY

### Kayak/Canoe Trip Grading (P)

#1 ~ Calm water, rivers or lakes with little or no waves

#2 ~ Open waters, lakes or ocean with small waves and/or ocean swell

**SAFETY:** Participants are fully responsible for their own safety on all trips, which at times can be dangerous. They must go on outing for which they are adequately equipped and capable. Contact the leader by the preceding Wednesday evening (unless otherwise mentioned) regarding equipment needed, the leader's estimate of hazards, the difficulty of the trip, the meeting time and location, and any other relevant details. Remember, the grading of each trip is only a general estimate of the physical and technical difficulty which can be encountered.

Above all else have a safe and enjoyable outing!